

## January's Glimpse of Guidance

Welcome to this month's glimpse of guidance! I hope you all had a wonderful Christmas break, and enjoyed a safe holiday season ☺

This month is a little different from other months in the Guidance classroom. Mrs. Schram is visiting each of the classes - grades 1-8 to talk with the students about the school year, respect, and treating one another with kindness. In addition to these talks, I will be focusing a lot of attention on the Bullying Prevention Program – in particular the Bullying Circle. (If you go to our school's website, there is a link that will take you to the Bullying Prevention Presentation – the Bullying Circle is shown on slide number 8) Students in grades 3-8 will be acting out this circle and we will be discussing each of the different parts that people may play in a bullying situation.

My hope is to teach the students that often times a bullying situation involves many more people than just the Bully, and the Victim. It is important that they understand that sometimes people can play a big role in a bullying situation, without even having to say any words.

Our next unit in the Guidance classroom is on Friendship. Therefore many of the activities that will take place following the discussions with Mrs. Schram as well as the bullying circle will revolve around healthy and safe friendships. More to come on this topic in next month's Glimpse of Guidance – Stay tuned!

Thanks ☺ Mrs. Stewart

**\*\*Parent connection\*\*** Talk with your child about how he/she can help if ever involved in a bullying situation. Do they know who to report it to?